

A lesson in lifelong learning

...cont. from p.1

One of my favourite portions of this program was when the students took turns interviewing each other, practising asking open-ended questions, which elicit a response beyond a “yes” or “no.” This exercise taught them not only the right questions to ask, but how to listen for the best answers. And I think they learned about each other’s stories in the process.

They even interviewed their instructor, which I think gave them a different perspective on her background and why she is at DLN.

The students were curious and receptive and we had several laughs, too. I think what they learned is that the news is about community and not the people sharing it. We had great debates over how some stories are presented and the class understood that

the news is often only one side of the story. It’s their job as readers and viewers to question the news and learn the other sides.

I want to send my thanks to Lesley Dunn, executive director of the Dartmouth Learning Network, instructor Mary Moore and, of course, all the adult learners who took part. It was a great lesson in lifelong learning, community and sharing of skills. I

look forward to sharing their stories here in the *Echo*.

If you have story ideas for us, please email suzanne_rent@hotmail.com.



The North Dartmouth Echo is published 5 or 6 times a year by The Dartmouth North Community Newspaper Society. This community newspaper is dedicated to celebrating many good news stories and activities that take place in the community, as well as keeping the residents informed of activities and issues that impact on our community.

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A Starr with a story

Starr Dobson to serve as keynote at Public Good Society’s AGM

by Leigh Beauchamp Day



Photo: Contributed

more about the Public Good Society of Dartmouth. I’m pleased to have been invited to participate. The best way to end the stigma surrounding mental illness is to start conversations and make connections. That will absolutely happen on February 25!”

Starr is an excellent advocate and speaker for mental health. She is an acclaimed journalist, best-selling children’s author, dedicated community volunteer and a recipient of several awards, including an Atlantic Journalism Award and the Dr. Elizabeth A. Chard Award from Special Olympics Nova Scotia.

A dedicated community activist, Starr currently serves on the Together We Can Advisory Committee, the THRIVE! Halifax Mental Health Working Group, and the Health Charity Network. In 2013 Starr left her 23-year career in televi-

sion because she decided it was time to stop telling other people’s stories and start being a part of one. She brings a fresh voice and perspective to mental health fundraising and awareness.

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Join us for the PUBLIC GOOD SOCIETY OF DARTMOUTH ANNUAL GENERAL MEETING

Wed., February 25 5:30-7:30 pm

First Baptist Church Hall, 100 Ochterloney Street

Light meal and refreshments by Our Thyme Café

GUEST SPEAKER: Starr Dobson, President & CEO Mental Health Foundation of Nova Scotia

CURRENT PROJECTS:

- Community Van
- Connections that Work
- Housing Help
- Research



The Public Good Society of Dartmouth

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